

2008 Amador Relays



- Date: Saturday April 12th 2008
- Time: 9:30am; Coaches Meeting 9:00 am
- Cost: Varsity Only (Men's division & Women's division)
\$175.00 for both or \$100.00 for one
(The first 16 schools per division that pay are in.)
- Location: Amador High School
330 Spanish St
Sutter Creek, Ca. 95685
- Facility: 8 Lane All-Weather Track & Run-Ways
(3/8 inch spikes only)
- Running Events: Shuttle High Hurdle Relay, 4 x 100, 4x 200,
4x 400, 4x 800, 4 x 1600, Sprint Medley (100, 100,
200, 400), Distance Medley (400, 800, 1200, 1600),
& Weight Person Relay.
- Field Events: Individual competition (*limit 4 individuals per
team*) flight will be conducted by teams
Pole Vault, High Jump, Triple Jump, Long Jump,
Shot Put, & Discus.
- Awards: Running Events: Winner of each heat plus next 2
fastest teams.
Field Events: Top 10 individuals will medal.
- Entry: send e-mail to: shunkins@amadorcoe.k12.ca.us
or
Scott Hunkins at: (209) 257-7365

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